

SAINT RITA

in moments of helplessness

Saint Rita in Moments of Helplessness is a prayer book for all those who seek hope and spiritual strength amid suffering, fear, and life's difficult experiences. The prayers, novenas, litany, and meditations contained within help entrust to God those matters that seem humanly impossible and hopeless through the intercession of Saint Rita. This book is intended for people struggling with illness, family crises, loneliness, the loss of loved ones, or moments of doubt. Its simple yet faith-filled texts lead the reader toward prayer, peace of heart, and the discovery of God's presence in everyday hardships. May this prayer book become a source of comfort, strength, and hope for everyone who reaches for it with faith.

Rev. Kazimierz Ligęza PhD

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Paweł Piotrowski

Introduction by Rev. Kazimierz Ligęza PhD

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Prayer Book



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